

# € TRAINING

Building an Agile Mindset and Being Agile in  
the Workplace





# Building an Agile Mindset and Being Agile in the Workplace

## Introduction

The idea of agility, having an agile mentality, and how this is used at work will be taught to the participants. This training program challenges some of our underlying assumptions while focusing on individual behaviors and cultivating a growth mentality. Working in an agile manner differs from traditional working methods, and the training course will show you how to make the change. Additionally, it demonstrates to participants how to work as a team and use agile behaviors at work.

## Course Objectives

At the end of this course, participants will be able to:

- Determine different agile workplace behaviors
- Look at the techniques for becoming agile.
- Improving our own abilities to become nimble leaders
- Describe the advantages of using agile methods over traditional ones.
- Become knowledgeable about organizational agility.

## Targeted Audience

- Individuals and leaders who seek different ways to meet current workplace challenges
- Employees who strive to more pro-active and achieve higher levels of communication, decision making and cross-functional collaboration
- Professionals responsible for strategy, marketing, business development, production, operations, HR, product development, customer management, process innovation, customer experience
- Project managers, professionals or team leaders wanting to gain a competitive advantage for the organisation through working more efficiently
- Individuals and leaders who aim to increase their personal productivity by working smarter, faster and better

## Course Outline

### Unit 1: Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset
- Practical examples, case studies and role-play

### Unit 2: Agility as a Concept

- Definition of "agility"
- Definition of a "mindset"
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

### Unit 3: Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?
- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement

### Unit 4: Organisational Agility - Part I

- What is an agile organisation?
- What is holding organisations back
- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

### Unit 5: Organisational Agility - Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming