

# € TRAINING

Leadership Development: Self-Awareness,  
Skills and Strategies



# Leadership Development: Self-Awareness, Skills and Strategies

## Introduction:

The best leaders thoroughly understand themselves. Time and time again, research has shown that self-awareness and self-direction are two essential factors in leadership effectiveness. As leaders gain a better sense of themselves and a clearer plan to self-actualization.

## Course Objectives:

At the end of this course the participants will be able to:

- View leadership from a new and higher-level perspective.
- Discover and analyze your leadership style and tendencies.
- Grow in personal power and effectiveness.
- Discover and build upon your intrinsic leadership qualities.
- Understand, develop, and employ the emotional forces within you.
- Develop the critical interpersonal skills essential for leading others.

## Targeted Audience:

- Managers among all managerial levels
- Supervisors & Team leaders
- Human resources department
- People interested in developing their skills

## Conference Outlines:

### Unit 1: Master Keys of Effective Leadership:

- The principles of leadership
- The mind of the leader
- The heart of the leader
- The practices of effective leaders
- The five roles leaders play
- Leadership self-assessment
- Rebalance your leadership style for optimal results

### Unit 2: Towards Emotional Self-Awareness:

- Growing your power
- Achieving emotional excellence
- Self-leadership through inner mastery
- Success through a positive attitude
- Your time and your life
- Increasing personal productivity
- Direction through personal Integrity
- Designing a strategic plan for your life and career

### Unit 3: Mastering People Skills:

- Understanding Interdependence
- Winning through effective communication
- The active listening model
- The four styles of communication
- Dealing with conflict constructively
- Using the principles of influence & persuasion
- Speaking and presenting skillfully
- The art of win-win negotiation

### Unit 4: Building and Leading Extraordinary Teams:

- How a high performing team differs from a traditional workgroup
- The three elements of high-performance teams
- Understanding the four types of teams
- The stages of team development
- Team dynamics: How teams work
- Understanding and optimizing team member styles
- Leading through trust
- Leading through change

### Unit 5: Performance Management:

- Igniting team creativity
- The art of practical coaching
- Conducting effective performance discussions
- Positive discipline through expectations
- Delegating and empowering the right way
- The situational leadership model
- How to analyze development needs
- Using effective tools for managing performance