

Confined Space Entry and Rescue





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REF: S2170 DATE: 23 - 27 December 2024 Venue: Kuala Lumpur (Malaysia) - Fee: 5850 Euro

#### Introduction:

This training program provides comprehensive instruction and practical skills development for individuals involved in confined space work. It equips participants with the knowledge and competencies necessary to safely enter and work in confined spaces and perform effective rescue operations when necessary.

## **Program Objectives:**

#### At the end of this program, the participants will be able to:

- Identify hazards associated with confined spaces and implement effective control measures.
- Safely enter and work within confined spaces, following established procedures and utilizing appropriate equipment.
- Execute confined space rescue operations, including assessing situations, deploying rescue equipment, and performing extrications.
- Demonstrate understanding of regulatory requirements and industry best practices related to confined space entry and rescue.
- Apply theoretical knowledge and practical skills gained in the program to enhance workplace safety and emergency response capabilities.

## Targeted Audience:

- Workers in industries such as construction, utilities, manufacturing, and petrochemicals.
- Safety supervisors and managers responsible for confined space operations.
- Emergency response teams and rescue personnel.
- Health and safety professionals seeking specialized training in confined space entry and rescue.
- Individuals involved in confined space activities who require certification to meet regulatory requirements.

## **Program Outlines:**

#### Unit 1:

#### Introduction to Confined Space Hazards and Regulations:

Overview of confined spaces and their hazards.



- Legal and regulatory requirements for confined space entry.
- · Identification of confined space hazards such as atmospheric, physical, and biological risks.
- Understanding the importance of confined space entry permits and procedures.
- Case studies highlighting incidents and lessons learned in confined spaces.

#### Unit 2:

#### Risk Assessment and Control Measures:

- Conducting risk assessments for confined space entry operations.
- Implementation of control measures to mitigate confined space hazards.
- Selection and use of personal protective equipment PPE for confined space work.
- Development of confined space entry plans and emergency procedures.
- Reviewing case studies to analyze effective risk control strategies.

### Unit 3:

#### Confined Space Entry Procedures:

- Pre-entry checks and preparation for confined space entry.
- Atmospheric testing and monitoring protocols.
- Entry and exit procedures for confined spaces.
- Communication and coordination among team members during confined space operations.

### Unit 4:

#### Confined Space Rescue Techniques:

- Understanding the principles of confined space rescue.
- Selection and use of rescue equipment and retrieval systems.
- Techniques for assessing and rescuing entrants in confined spaces.
- Communication strategies during rescue operations.

#### Unit 5:



## Confined Space Emergency Response and Management:

- Developing emergency response plans specific to confined spaces.
- Coordination with external emergency services and responders.
- Post-incident debriefing and evaluation of confined space operations.
- Continuous improvement strategies for confined space safety programs.
- Review of case studies to identify best practices and lessons learned in confined space emergencies.