

# € TRAINING

Authentic Leadership Essentials



19 - 23 August 2024  
Barcelona (Spain)



# Authentic Leadership Essentials

REF: M141 DATE: 19 - 23 August 2024 Venue: Barcelona (Spain) - Fee: 5565 Euro

## Introduction:

"Authentic Leadership Essentials" is a comprehensive training program designed to cultivate genuine leadership qualities essential for today's dynamic workplace. Participants will develop a deep understanding of their personal leadership style and learn to align individual, team, and organizational goals with authenticity.

## Program Objectives:

At the end of this program, the participants will be able to:

- Understand their personal style.
- Align individual, team, and organizational goals.
- Establish their personal brand.
- Develop others with integrity.
- Enhance key interpersonal skills.
- Maximize long-term organizational outcomes.

## Targeted Audience:

- Managers & Supervisors.
- Team leaders.
- Employees who want to gain great skills & knowledge to improve their career.

## Program Outlines:

### Unit 1:

#### Courage and Leadership:

- Courage & self-knowledge.
- Behaviour, values and beliefs.
- Leadership styles.

- Limiting thoughts & behaviors.
- Turning ideas into action.
- Putting yourself on the line.

## Unit 2:

### Displaying Authentic Leadership Behaviours:

- Emotions & emotional intelligence.
- Building rapport.
- Affective contagion.
- Developing others as leaders.
- Influence, authority & power.

## Unit 3:

### Developing Your Leadership Skills:

- Creating a shared vision.
- Communication skills.
- Conflict management.
- Personality and its ramifications.
- Setting productive goals.
- Thinking outside the box.

## Unit 4:

### Coaching for Peak Performance:

- Coaching fundamentals.
- Motivation & learning.
- Feedback.
- Empowering individuals & teams.
- Creating a supportive environment.

- Building high-performance teams.

## Unit 5:

### Ethics:

- Dealing with ethical dilemmas.
- Ethics and leadership.
- Guide to ethical decision-making.
- Corporate integrity check-up.
- Corporate social responsibility.