

# Managing Health and Safety in the Workplace

16 - 27 December 2024 Kuala Lumpur (Malaysia)



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REF: S368 DATE: 16 - 27 December 2024 Venue: Kuala Lumpur (Malaysia) - Fee: 8775 Euro

# Introduction:

This training program equips participants with the knowledge and skills necessary to ensure a safe and healthy work environment. It allows them to cultivate a safety-oriented culture within organizations while empowering individuals to proactively manage health and safety concerns.

# **Program Objectives:**

### At the end of this program, participants will be able to:

- Define the sources of harmful acts.
- Understand and embrace the concept that safety is a collective responsibility.
- Recognize that accidental injuries stem from unsafe acts, behaviors, and conditions.
- Conduct job safety analysis and provide clear job safety instructions.
- Perform accident investigations proficiently and complete comprehensive accident reports.
- Effectively manage and respond to a variety of workplace accidents and emergencies.

# **Targeted Audience:**

- Supervisors, managers, and team leaders responsible for overseeing workplace health and safety.
- Human resources professionals involved in developing and implementing health and safety policies.
- Health and safety officers, coordinators, or representatives tasked with ensuring compliance with regulations.
- Employees at all levels seeking to enhance their understanding of health and safety principles and practices.
- Individuals involved in risk management, incident investigation, and safety culture promotion within their organizations.

# **Program Outlines:**

## Unit 1:

## Introduction to Health and Safety Management:



- Understanding the legal framework and regulations governing workplace health and safety.
- Identifying roles and responsibilities of employers, employees, and regulatory bodies.
- Recognizing the importance of a proactive approach to health and safety management.
- Exploring the benefits of integrating health and safety into organizational culture.
- Overview of common workplace hazards and their potential impacts.

### Unit 2: Risk Assessment and Hazard Identification:

- Conducting thorough risk assessments to identify potential hazards in the workplace.
- Utilizing various risk assessment methods and tools effectively.
- Prioritizing risks based on severity and likelihood of occurrence.
- Implementing controls and mitigation measures to reduce identified risks.
- Regular review and reassessment of risk management strategies.

### Unit 3:

### Incident Investigation and Root Cause Analysis:

- Understanding the importance of investigating incidents and near misses.
- Developing skills in conducting thorough incident investigations.
- Applying root cause analysis techniques to identify underlying causes of incidents.
- Implementing corrective and preventive actions to address root causes.
- Utilizing incident investigation findings to improve health and safety practices.

### Unit 4:

### Safety Culture and Communication:

- Promoting a positive safety culture within the organization.
- Recognizing the role of leadership in shaping safety attitudes and behaviors.
- Effective communication strategies for disseminating health and safety information.
- Encouraging employee involvement and engagement in safety initiatives.
- Addressing barriers to effective communication and fostering open dialogue.



## Unit 5:

## Health and Safety Management Systems:

- Understanding the components of an effective health and safety management system.
- Implementing policies, procedures, and protocols to support safety objectives.
- Utilizing performance indicators and metrics to measure safety performance.
- Conducting regular audits and inspections to assess compliance and effectiveness.
- Continuously improving health and safety management systems based on feedback and lessons learned.